

CURRICULUM VITAE

MR. AZHAR IQBAL

B.SC.; M.B;B.S

FRCS EDINBURGH

FRCS GLASGOW

M.SC.

FRCS(PLAST.)

2013

CONTENTS

1. PERSONAL DETAILS	3
2. EDUCATION & QUALIFICATIONS	4
SECTION II [CLINICAL ACTIVITIES]	
1 SUMMARY OF PLASTIC & SURGICAL EXPERIENCE	5 - 6
SECTION III [EDUCATIONAL ACTIVITIES]	
1. COURSES / CONFERENCES ATTENDED	7-10
2. TEACHING EXPERIENCE	11-13
SECTION IV [RESEARCH ACTIVITIES]	
1. PUBLICATIONS & PRESENTATIONS	12-19
2. AUDIT	20
SECTION V [SPECIAL INTERESTS]	21
SECTION VI [MANAGEMENT EXPERIENCE]	
1. ORGANISATION	22
SECTION VII [GENERAL INFORMATION]	23-24
SECTION VIII [REFEREES]	25

SECTION I

1. PERSONAL DETAILS

Name:	Mr. Azhar IQBAL
Date of Birth:	15th September, 1964
Present Address:	99- Paris Avenue Westlands Newcastle under Lyme ST5 2QP
Telephone No.	Home: 01782-639547 Mobile 07876714689 Work 02075865959
E-Mail Address	<u>docazhar786@yahoo.co.uk</u>
Registration Status:	Full with Specialist Registration: GMC No 4274663
Date of Registration	GMC: 11-3-96 Specialist Register 17-3-2005
CCST date:	17-2-2005
MDU	512367C
Current Appointment	Consultant Plastic Surgeon Whiston Hospital Merseyside L35 5DR Program Director for Plastic Surgery in Mersey Deanery.

SECTION II

SUMMARY OF SURGICAL EXPERIENCE

01 -12 -05	to date	Consultant Plastic Surgery Whiston hospital Warrington Road Prescot Liverpool Merseyside L35 5DR
01-10-05	30 -11 -05	Locum Consultant Plastic Surgery Whiston hospital Warrington Road Prescot Liverpool Merseyside L35 5DR
01-07-05	30 -09 -05	Aesthetic Fellow Wellington Hospital, 8a Wellington Place London NW8 9LE
01-01-05	30 -06 -05	Locum Consultant Plastic Surgery Whiston hospital Warrington Road Prescot Liverpool Merseyside L35 5DR
01-10-04	31-12-04	Specialist Registrar Plastic Surgery Birmingham Children Hospital Steelhouse lane Birmingham B4 6NH
01-10-03	30-09-04	Oncoplastic breast fellow (National post- Year 6 level) Q.E. and Selly Oak hospital Birmingham B29 6JD
01-07-02	30-09-03	Specialist Registrar Plastic Surgery City General Hospital Newcastle Road Stoke-on-Trent ST4 6QG
01-01-02 -	30-06-02	Specialist Registrar Plastic Surgery George Eliot Hospital College Street Nuneaton CV10 7DJ
01-07-2001-	31-12-01	Birmingham Children Hospital Steelhouse lane Birmingham B4 6NH
01-10-2000 -	30-6-2001	Specialist Registrar Plastic Surgery Selly Oak Hospital Raddlebarn Road Birmingham B29 6JD
04- 8-99 -	30-09-2000	Staff Grade & Locum Consultant in Plastic Surgery George Eliot Hospital Nuneaton Warwickshire CV10 7HX
04.1.99 -	30-7-99	Locum Staff Grade in Plastic Surgery Sandwell District General Hospital Lyndon West Bromwich B71 4HG
01-01-98 -	15-7-98	Specialist Registrar Plastic Surgery(LAT) Wordsley Hospital, Wordsley Stourbridge West Midland DY8 5QX

1-9-97	-	31-12-97	Specialist Registrar in Plastic Surgery(LAT) George Eliot Hospital Nuneaton CV10-7DJ
1-6-97	-	24-8-97	Specialist Registrar in Plastic Surgery(LAT) Derriford Hospital, Plymouth
1.6.96	-	31.5.97	Specialist Registrar in Plastic Surgery Derriford Hospital, Plymouth
1.6.95	-	31.5.96	Registrar in Plastic Surgery Royal Devon and Exeter Hospital, Exeter
1.6.94	-	31.5.95	Senior House Officer in Plastic Surgery Addenbrookes Hospital, Cambridge
19.11.93	-	19.5.94	Senior House Officer in Plastic Surgery Canniesburn Hospital, Glasgow
18.8.93	-	22.11.93	Senior House Officer in Orthopaedics Birmingham General Hospital
1.2.93	-	17.8.93	Senior House Officer in Burns & Plastic Surgery Birmingham Accident Hospital
25.6.92	-	10.11.92	Post-Graduate Clinical Attachment - Gen. Surgery Falkirk & District Royal Infirmary, Falkirk
1.8.91	-	15.2.92	Casualty Medical Officer Accident and Emergency Department, Lahore General Hospital, Pakistan
1.2.91	-	31.7.91	Resident Medical Officer (Registrar/Urology) Lahore General Hospital, Pakistan
28.7.89	-	31.1.91	Medical Officer - Registrar in Gen. Surgery Orthopaedics and Plastic surgery with burns Lahore General Hospital, Pakistan
11.3.89	-	27.7.89	Medical Officer Surgical Out Patient Department Lahore General Hospital Pakistan
1.4.88	-	10.3.89	Resident Medical Officer Omar Hospital, Lahore, Pakistan
1.10.87	-	31.3.88	House Surgeon West Surgical Ward (Gen.Surgery) Mayo Hospital, Lahore, Pakistan
1.4.87	-	30.9.87	House Physician South Medical Ward (Gen.Medicine) Mayo Hospital, Lahore, Pakistan

SECTION III

COURSES / CONFERENCES ATTENDED

B.A.P.S. Advanced Courses Series in Plastic Surgery

- **Hand, Congenital, Dupuytren's and Rheumatoid**
(31.3.93—1.4.93)
- **Cleft Lip and Palate, Nose Reconstruction and Aesthetic**
(20.9.93—21.9.93)
- **Head and Neck Cancers**
(24.3.93)
- **Skin Cancer: Melanoma and Sarcomas and Malformation of Skin**
(19.9.94—20.9.94)
- **Pressure Sores, Body Contouring, Hypospadias and Reconstruction of Genitalia**
(27.3.96—28.3.96)
- **BAPS Advanced Course in Plastic Surgery (Hands), Sheffield**
(6.4.97)

BAPS MEETINGS

- **BAAPS Aesthetic Surgery Meeting London**
(2-12-97)
- **BAPS Winter Meeting London**
(5-12-97)
- **BAPS Winter Meeting Colchester**
(2.7.98—3.7.98)
- **.BAPS Breast Reconstruction & Body Contouring Birmingham**
(May 99)
- **BAPS Winter Meeting London**
(2-12-99---3-12-99)
- **BAPS Advanced Course in Plastic Surgery (Hands), Salford**
(14-4-2000 ---15-4-2000)
- **BAPS European Meeting Birmingham**
(June 2000)
- **BAPS Winter Meeting London**
(1-12-2000)
- **BAPS Winter Meeting London**
(1-12-2001)
- **BAPS Summer London**
(3-5-07-2002)
- **BAPS Winter Meeting London**
(27-29-11-2002)
- **BAPS Summer meeting Newport**
(2,3-07-03)
- **BAAPS London** (26-9-03)
- **BAPS winter -London**
(3-5,12-03)
- **BAAPS- Chester**
(9-10/9/2004)
- **BAPS Winter-London**
(1-3/12/2004)
- **BAPS Summer Windsor**
(6-7-2005)
- **BAPS Winter London**
(01-12-2005)
- **BAPS Summer Sheffield (July-2006)**

- **BAAPS Bath**
(21-22-Sep 2006)
- **BAPS Winter London**
(-12-2007)
- **Summer BAPRAS Liverpool**
(July 2008)
- **BAAPS Chester**
18-19 sep. 2008
- **Lipomodelling in cosmetic surgery (BAAPS & BAPRAS) Birmingham**
28/11/08
- **BAPRAS Winter London**
(4 & 5/12/08)
- **BAPRAS Summer Leeds**
(2 & 3/07/09)
- **BAPRAS winter London**
Dec 2009
- **BAPRAS Summer Sheffield**
2010
- **BAPRAS Winter London**
2010
- **BAPRAS Summer**
2011
- **BAPRAS Winter London**
- **2011 Baaps Sep 21-22 2012 London**

- **BAPRAS Winter London**
4-7 Dec2012
- **BAPRAS Summer Nottingham**
2013
- **BAAPS Sep-26-27 2013 London**

Other Courses in Plastic Surgery

- ❖ **Canniesburn Ethicon Microsurgical Course Edinburgh**
(14.2.94—17.2.94)
- ❖ **Canniesburn Flap Course Glasgow**
(11.4.94—15.4.94)
- ❖ **Newcastle Conference on Head and Neck Oncology Newcastle**
(15.5.96—17.5.96)
- ❖ **Hypospadias Workshop at Wordsley Hospital, Stourbridge, Birmingham**
(26.10.96)
- ❖ **British Burn Association 30th Annual Meeting, Bristol**
(9.4.97—11.4.97)
- ❖ **State Of The Art Aesthetic Surgery**
(Rhinoplasty, Facial Rejuvenation , Breast Augmentation and CO₂ Laser Resurfacing)
Antibes, Juan-les-Pins, France
(24.4.97—26.4.97)
- ❖ **8th Esser Course in Paediatric Plastic Surgery,**
Rotterdam, Holland

- (12.5.97—14.5.97)
- ❖ **Risk Management In Plastic Surgery Coventry**
(30-10-97)
 - ❖ **Rhinoplasty Workshop at BUPA Hospital Norwich**
(25.4.98)
 - ❖ **ALS at George Eliot Hospital Nuneaton**
(23-8-99)
 - ❖ **Paediatric Plastic Surgical Course Oxford**
(24 , 25- 9- 99)
 - ❖ **ATLS Post Graduate Centre Coventry**
(4-4-2000---6-4-2000)
 - ❖ **British Burns association Meeting-Total Burn Care**
(25-04-2001—27-04-2001)
 - ❖ **Laser Safety Course-Queen Elizabeth Hospital**
(2-05-01)
 - ❖ **EMSB (Emergency Management of Sever burns)**
(29-06-01)
 - ❖ **Derby Workshop for hand fractures**
July-2001
 - ❖ **The Adjuvant Therapy of Melanoma at Royal college of Physicians London**
(10-03-02)
 - ❖ **British Burn Association Meeting (Promoting Consensus in Burn Care)**
(1-5-2002---3-5-2002)
 - ❖ **Introduction to Training & Development (Introductory Series)**
Wolverhampton Business School , University of Wolverhampton
21-06-2002
 - ❖ **Canniesburn Pre-Fellowship course (for FRCS Plast.)**
(13-01-03—17-1-03)

 - ❖ **Management Course**
Shrewsbury Hospital (June24,25- 2003)
 - ❖ **Advanced breast reconstruction meeting**
City Hospital Birmingham (30-6-03 & 1-07-03)
 - ❖ **Equal opportunity course**
Solihull Hospital Birmingham (Sep.3rd 2003)
 - ❖ **West Midlands Chapter Of Breast Surgeons Meeting** (March 2004)
Keele University Newcastle Under Lyme.
 - ❖ **AO/ASIF Advanced Maxillofacial Symposium for Surgeons** (12th March 2004)
Austin Court Birmingham
 - ❖ **ATLS Refresher (21-23/ 04/2004)**
North Staffordshire Hospital Stoke-on-Trent
 - ❖ **ABS-BASO Meeting Nottingham (26-5-2004)**
East Midlands Conference Centre University Park Nottingham
 - ❖ **The 2nd RSM Instructional Day- Aesthetic Surgery of the Breast and Trunk**
(7-06-2004) RSM London
 - ❖ **BASO trainee meeting Glasgow**
(24-25/06/2004)
 - ❖ **Advanced Plastic Surgery of Breast**
Birmingham (29-30/11/2004)

- ❖ **Appraisal and Revalidation**
Liverpool Medical Institute (20-06-05)
- ❖ **Scoring / Short listing of ST applications**
Mersey deanery course (Warrington – 13-12-2006)

- ❖ **Becoming an Assigned educational supervisor**
- ❖ **Employment Law, Recruitment and Selection**
- ❖ **ORBS National Meeting**
23-24 sep.2008
- ❖ **Drawing for surgeons**
30 & 31/10/2008 @ RCS England London
- ❖ **Master class in Breast surgery**
Coventry 2009
- ❖ **Training the trainer**
Liverpool 2010
- ❖ **Advance course in Fascial Palsy**
BAPRAS advanced course- Facial palsy Manchester Oct 2009
- ❖ **Advance courses in Hand Surgery**
Manchester 2010
- ❖ **BSSH-BAHT Meeting**
Nov 2010 London
- ❖ **Mandatory Training the trainer programme**
6th July 2010
- ❖ **Appraisal and Revalidation training Day**
July 2011
- ❖ **Examiner Training Course**
21-22 May 2012 RCS London London
- ❖ **ORBS Nottingham**
26-28 September 2011
- ❖ **Facial Aesthetic/ oculo-plastic Surgery and Rhinoplasty course**
University Hospital Coventry and Warwick Trust
11-14 May 2012
- ❖ **Master Class on Body Sculpturing**
University Hospital Coventry and Warwick Trust
3rd Oct 2012
- ❖ **Modern Concepts; Body Sculpturing and trunk Reconstruction**
University Hospital Coventry and Warwick Trust
4 and 5 Oct 2012
- ❖ **BAAPS Annual Meeting**
London 20-21 September
- ❖ **BAAPS Annual Meeting**
London 26-27 2013 September
- ❖ **PAAPS Annual Meeting Multan Pakistan (Faculty Member)**
February 2014

SECTION III

TEACHING EXPERIENCE

AT REGISTRAR AND SPECIALIST REGISTRAR LEVEL.

Teaching at this level has been interesting. Discussions at various controversial issues with colleagues and consultants especially after doing research on a given subject has always been at high pitch and a source for practical tips, not generally found in standard textbooks. I not only have actively participated in different talks on **weekly meetings** by preparing **handouts and slides** but also guided my junior colleagues on **daily ward rounds**. Supervision and teaching in **theatre** is another aspect I enjoyed most because I always felt that **learning is a dynamic two-way process**.

Out patient department is a whole teaching institute in itself requiring time management, patient dealing and educating **junior staff** and sometimes visiting **medical students**. Teaching of quick but systematic **clinical examination** and picking up signs and symptoms in a busy out patient has been a challenge that I always enjoyed.

Some of my main talks were as follows:-

- **Peripheral compression neuropathies**
- **Radical neck dissection**
- **Development of flaps**
- **Finger tip injuries**
- **Fractures of the hand**
- **Velopharyngeal Incompetence**
- **Carcinoma of larynx and hypopharynx**
- **Congenital hand anomalies**
- **Nasal reconstruction**
- **Extensor Tendons Anatomy & Repair**
- **Reduction Mammoplasties (History and different techniques)**
- **Vertical Mammoplasty (Modified Lejure as my special interest)**
- **Anatomy of upper limb nerves (*Regional Teaching*)**
- **Head & Neck Melanoma (*Regional Teaching*)**
- **Eyelid and nasal reconstruction (*Regional Teaching*)**
- **Management of Burns (*Lecture for MRCS- Preperation course by Keel University at Post Graduate centre Stoke on Trent*)**
- **Examination of newborn- Plastic Surgical Perspectives (*Lecture to Nurses and Midwives at Post Graduate centre City General Hospital Stoke-on-Trent*)**
- **Chest wall reconstruction- Presented at regional teaching (Sep- Stoke on Trent)**
- **Literature review on use of antibiotics and drainage after clean breast surgery (Selly Oak Hospital Birmingham)**
- **Correction of Inverted nipples**

AT CONSULTANT LEVEL

This is a different level where not only detailed knowledge of the subject is required but expectation is for individual opinion based on personal experience and philosophy for the management of different conditions. I covered various topics in grand rounds, regional teachings for multi disciplinary teams, consultant colleagues, senior trainees and medical students.

My special interests include *hand surgery, breast reconstruction and facial palsy*.

I have presented my personal series of cases in national and international meetings with innovative and novel techniques to improve the outcome or decrease donor morbidity.

These include the following.

- 1- Modified Vertical Scar reduction mammoplasties. Personal modifications and series.(Published)
- 2- Muscle sparing Latissimus dorsi flap with fascial extension and implant for post-mastectomy breast reconstruction. Personal series of innovative technique. (Accepted for publication)
- 3- Innovations and modifications of C.V. flap for nipple reconstructions to enhance the outcome. (Published.)
- 4- PIPJ contracture release with the release of check-rein Ligaments. Personal series. (Submitted for publication)
- 5- Modified Antia flap to minimise vertical height deficit in ear reconstructions. (Published)
- 6- Use of Fascia lata for flexor tendon reconstruction in Hand when Palmaris or Plantaris tendon is not available BSSH March 2011

I am faculty member for following courses

- Core skill courses in Plastic Surgery
- Mersey Upper limb dissection course
- Mersey Flap course
- Introduction to Plastic Surgery By Royal college of England
- Microsurgery for nurses
- Plastic surgery Workshop for Basic surgical trainees
- Regional onco-plastic breast surgical meetings
- Supervisor for hand diploma fellow
- Supervisor for Orthopaedic interphase hand fellow
- Various in-house courses and workshops for different Hand surgical modules such as Tendon day, Fracture fixation day
- Trainer for Onco-plastic Breast fellow

I am programe director for Plastic surgery for Mersey deanery and actively involved in developing and implementing new ways of training in house and for regional meetings. This included organising **simulation workshops** for hands on training models; **Audio-Video linked Theatre interactive sessions** on Regional Breast reconstruction day, group discussions and interactive lecture based teaching. I believe in employing more than one teaching styles to have maximum impact.

I have regularly presented on local **hospital grand rounds** and also have given various **lectures to GPs and Public** on open days including breast reconstruction, various reconstructive and aesthetic procedures.

I am chair of STEC meetings.

I am on the interview panel for National selection for ST3 and various local interviews.

MRCS Examiner RCS London

I am examiner for medical students and have applied for FRCS Plast. Examinership.

I have done training the trainer course, becoming an assigned educational supervisor, equal opportunity and diversity course and shortlisting course.

SECTION IV

RESEARCH ACTIVITIES

a-PUBLICATIONS

- **Ceruminous Gland Neoplasia – Review Article**
Literature review and case report along with recommendations on standard nomenclature. (A Iqbal , P.Newman : **BJPS** 51, 317-320 (1998)
- **Hereditary Multiple Glomangiomas –Review Article**
(A.Iqbal , G.C.Cormack,G.Scerri :**BJPS** 51, 32-37(1998)
- **“Role of split thickness skin grafts in the management of chronic leg ulcers**
Annals of The Royal College of Surgeons of England (November 1995)
(Mr A Iqbal : Mr.W.B.Campbell :Mr.J H Palmer)
On the “**Role of split thickness skin grafts in the management of chronic leg ulcers**
(Review of outcome over five years at the Plastic Surgical Unit, Royal Devon and Exeter Hospital, Exeter - November 1995).
- **Reconstruction of marginal ear defects with modified chondrocutaneous helical advancement flaps** (Personal modification presented)
Plastic & Reconstructive Surgery. 114(1):283-284, July 2004
(Mr A Iqbal; Mr.W.Jaffey)
- **Burn in reconstructed anaesthetic Breast- Management and recommendations to avoid it. (Letter in BURNS 2004)**
(Mr K Gowailly; Mr. M. Ellabban, Mr A Iqbal, Miss CC Kat)
- **Comments on the benefits of repairing transverse carpal ligament**
Plastic & Reconstructive Surgery. 114(2):603-604, August 2004
(Mr A Iqbal; Mr.W.Jaffey)
- **Discard little, Learn more- Real Tissue training Model (RTTM)**
Simulation Model for Skin Graft harvest training.
Plastic & Reconstructive Surgery. 115(3):948-949, March 2005
(Mr A Iqbal; Mr. M. Ellabban, Mr.W.Jaffey, Mr. S Srivastava)
- **Vertical Scar Reduction Mammoplasty Refinements**
Plastic & Reconstructive Surgery. 115(3):977-978, March 2005
(Mr A Iqbal; Mr. M. Ellabban)
- **Dynamic Tension- Real Tissue training Model local flap design training. (DT- RTTM)**
Plastic & Reconstructive Surgery. 115(5):1434-1436, April 15, 2005
(Mr A Iqbal; Mr. M. Ellabban)

- **Simulation Reduction Mammoplasty using Real Tissue training Model for (PRS) Feb-2006**
(Mr A Iqbal; Mr. M. Ellabban)
- **Breast reconstruction using deep inferior epigastric perforator flaps in EEC syndrome JPRAS Volume 59, No6 -2006**
(R.Nassab, A.Lahiri, A.Iqbal and R.Waters)
- **Biopsy for malignant melanoma- are we following the guidelines?**
Ann R Coll Surg Engl 2008; 90: 000–000- doi 10.1308/003588408X285856
S TADIPARTHI, S PANCHANI, A IQBAL
- **Enhance your CV flap Modified CV flap for nipple reconstruction.**
PRS
Brackley PT, Iqbal A
- **Muscle Sparing Latissimus dorsi with implant for total breast reconstruction - extending the boundaries**
Brackley PT, Mishra A, Sigaroudina M, Iqbal A.
J Plast Reconstr Aesthet Surg. 2010 Sep;63(9):1495-502.
- **Muscle-sparing latissimus dorsi technique for breast reconstruction.**
Mishra A, Brackley PT, Sigaroudina M, Iqbal A.
Plast Reconstr Surg. 2010 Apr;125(4):1295
- **An Algorithmic Approach to Breast Reconstruction using Latissimus Dorsi Musculocutaneous flap.**
Mishra A, Brackley PT, Sigaroudina M, Iqbal A
Plast Reconstr Surg 2010 Dec; 126(6): 2281-2282
- **Customised chest wall implant to correct pectus excavatum and bilateral breast reconstruction with muscle-sparing latissimus dorsi (MS-LD) flap in a single stage.**
Mishra A, Kain N, Constantinides J, McPhail J, Iqbal A.
J Plast Reconstr Aesthet Surg. 2011 May;64(5):e132-4.
- **"Oncoplastic Breast Surgery in Britain**
Leim A, Iqbal A.
Plast Reconstr Surg. 2010 Apr;125(4):1294; discussion 1294-5.
- **Anatomical vs Round Implants - Discrepancy between what the British Public prefers and what the British Cosmetic Clinics offer as Standard Implant"**
Leim A, Iqbal A
scheduled for publication in the August 2011 PRS
- **The danger of pressure at work**
H.Tehrani, A. Iqbal

PRESENTATIONS

- **Multiple Familial Glomus Tumour Syndrome**
(11.4.95) (Mr.A Iqbal , Mr. G.Scerri)
At **Royal Society of Medicine – London**
It is the same case, which later resulted in publication.
I also presented this case in the **East Anglia Regional Meeting at Cambridge in 1995.**
- **Is Early pressure therapy better than late for the management of Post Burn Hypertrophic Scars ?**
(Mr.Azhar Iqbal, Mrs. Ginny Puzey, Mr. Remo Papini)
Retrospective case controlled study Presented at **British Burn Association Meeting (Promoting Consensus in Burn Care) (1-5-2002---3-5-2002) at NIA Birmingham**
- **Intraosseous haemangiomas of skull bones. A poorly understood rare entity**
(Mr. Azhar Iqbal, Mr. Hiroshi Nishikawa)
Presented at BAPS Winter summer London (3-5-07-2002)
- **Early Experience and outcome of Snodgrass Repair of Hypospadias**
Poster presentation at BAPS (Mr. Azhar Iqbal, Mr. A.Park) (3-5/12/2003)
- **Post Mastectomy breast reconstruction-Changing trends in a single surgeon's series- Presented at West Midlands Chapter Of Breast Surgeons Meeting Keele University Staffordshire. (March 2004)**
(Mr. Azhar Iqbal, Mr. D. England, Miss. R. Waters)
- **Simulation in Plastic Surgery Training Using Real Tissue Training Models.**
BAPS Winter (02-12-04)
- **Modified vertical mammoplasty- a simpler option.**
Presented at BAPS meeting – Windsor (06-07-04)
- **Facial reanimation surgery Guest Lecture at**
Multidisciplinary facial plastic and reconstructive course at Warrington
Under the auspices of
The European Academy of Facial Plastic and reconstructive Surgery
(24-11-2006)
- **Biopsy of Malignant Melanoma – Are we following the guidelines**
S Tadiparthi, S Panchani, A Iqbal (Supervising consultant)
(Poster and oral presentation at British melanoma study group Jan-07)
- **Macrodactyly of the toes. A new technique for management**
S Tadiparthi, A Iqbal (Poster presentation at BAPRAS summer meeting in France)
- **Muscle Sparing Latissimus Dorsi with implant for post mastectomy reconstruction Presented in BAPRAS July 2008-Oral presentation and**

- Poster presentation in ORBS (Oncoplastic and Reconstructive meeting) Nottingham Sep.2008
- **Outcome of check rein ligament and volar plate release for PIPJ contractures in BAPRAS July 2008-Oral presentation and Oral presentation in Douglas Murrey meeting westmidlands Birmingham (Oct 2008) Also poster presentation at American Society of Hand Surgeons Meeting (2009) and 40th International Annual Conference of ESPRS2010, Sharm El-Sheikh, Egypt, 02/2010 (Podium)**
 - **Modified C-V Flap for nipple reconstruction. Oncoplastic Meeting Liverpool 2009**
 - **Merkel Cell Carcinoma of the Hallux: a case report
S. McNally,H. Tehrani, A.Iqbal, K.Hancock
World Congress on Cancers of the Skin, Madrid, April 2010**
 - **Basal Cell Carcinoma of the thumb: a case report
H. Tehrani, A.Iqbal
World Congress on Cancers of the Skin, Madrid, April 2010**
 - **Customised silicone prostheses for the reconstruction of chest wall defects. 40th International Annual Conference of ESPRS2010, Sharm El-Sheikh, Egypt, 02/2010 (Podium)
Breitenfeldt N, McPhail J, El-Gawad A, Shaaban H, Iqbal A, Hancock K, McArthur P.**
 - **Surgical outcomes of Dupuytren's Disease.
Hindocho S, Hweidi A, Mishra A, Feldberg L, Iqbal A.
BSSH Spring Meeting, Manchester, UK, March 2011**
 - **Husein B, Nassab R, Iqbal A (2011). Use of 'Airtraq' Disposable Laryngoscope in Plastic Surgical Procedures.
British Association of Plastic, Reconstructive and Aesthetic Surgeons Summer Meeting, Oxford (Poster).**
 - **A novel technique of flexor tendon reconstruction using fascia lata graft
Mr A Molajo, Mr A Mishra, Mr A Iqbal
British Society for Surgery Hand Spring Meeting, Manchester March 2011**
 - **The use of a silicone flexor tendon as a teaching model for flexor tendon repair – a clear view.
Mishra A, Holmes W, Tehrani H, Hughes O, Mcphail J
Iqbal A, McArthur P
BSSH- Nov 2010 – Best poster prize**
 - **Dupuytren's Disease surgical management: Knowledge and current practice among junior surgeons.
Hindocho S, Griffin M, Mishra A, Iqbal A.
IPRAS, Vancouver, Canada, May 2011.**

- **Repair of the digital nerve: Does it result in improved hand function?**
Hindocho S, Griffin M, Mishra A, Iqbal A.
IPRAS, Vancouver, Canada, May 2011.
- **Biplanar Approach for Single Stage Pectus Excavatum Correction and Breast Augmentation/Reconstruction with Custom Made Breast Implant**
Kain N, Constantinides J, Mishra A, McPhail J, Iqbal A
IPRAS, Vancouver, Canada, May 2011
- **Gigantomastia: Bilareral Mastectomy and Muscle-Sparing Latissimus Dorsi Reconstruction- A Case Report**
Mr N Kain, Mr A Mishra, Mr A Iqbal
Accepted for BAPRAS Oxford 2011
- **Optimising surgical management for PIPJ contractures – releasing the check rein & volar plate: case series outcome and review**
Mishra A, Selvin D, Hindocha S, Khan I, Iqbal A
IPRAS Vancouver May 2011
- **Modified muscle sparing LD flap for breast reconstruction- an update of our first 50 cases.**
Mishra A, Brackley P, Sigaroudina M, Iqbal A.
IPRAS Vancouver May 2011 also
Bapras 2011
- **Surgical outcomes for Dupuytren's disease: Fasciectomy v dermofasciectomy - Which surgical technique and when? poster**
Mr S Hindocha, Mr A Hweidi, Mr A Mishra, Miss L Feldberg, Mr A Iqbal
IPRAS Vancouver May 2011
- **ORBS 2011**
Kain N, Constantinides J, Mishra A, McPhail J, Iqbal A
Biplanar Approach for Single Stage Pectus Excavatum Correction and Breast Augmentation/Reconstruction with Custom Made Breast Implant
- **Gigantomastia: Bilareral Mastectomy and Muscle-Sparing Latissimus Dorsi Reconstruction- A Case Report**
Mr N Kain, Mr A Mishra, Mr A Iqbal ORBS 2011
- **Presentation BSSH meeting May 2012**
Mr A Mishra, Miss N Alam, Mr A Iqbal
Fascia Lata sling ligament reconstruction for Z-deformity and adduction contracture following interposition arthroplasty of first carpometacarpal joint.
- **Fast-track pathway for management of patients with pretibial lacerations.**
Kain N, Defty C, Drabu R, McNally S, Iqbal A
July 2012 : (Poster BAPRAS)

- **Analgesia requirements for patient having breast reconstruction with Muscle sparing Latissimus dorsi and standard latissimus dorsi flap.**
R Nessab, Sigaroudina M, Iqbal A
BAPRAS 2013

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RESEARCH DURING MSc. HEALTH INFORMATION SCIENCES

I did my **MSc in Health information Sciences for the management of Health Services** from University of Warwick, Coventry.

In addition to taught modules it also involved writing up of three projects and one dissertation of 10000 words.

My projects included following

- i- Introduction to Telemedicine
- ii- Early versus late mobilisation following split skin grafting of post traumatic lower limb skin loss.(Recommendations based on retrospective review of patients operated at George Eliot Hospital).
- iii- Legal issues of Telemedicine.

Title of my dissertation was ***“Implementing Telemedicine at Birmingham Children hospital – A strategic view”***.

I was awarded MSc with distinction in January 2002.

SECTION IV

AUDIT

I have been involved in organising, preparing and presenting regular audits in both monthly ward meetings and regional meetings and was Audit Projects Organiser for Selly Oak Plastic Surgical department.

Some of the important audits included

- 1. Incompletely Excised Basal Cell Carcinomas.**
- 2. Role of Split Skin Graft in Chronic Leg Ulcers.**
- 3. Outcome of Reduction Mammoplasties.**
- 4. Participation in National Hand Trauma Audit.**
- 5. Audit of outcome of split skin grafting following trauma and skin lesion excision on lower limbs.**
- 6. Effect of pressure garment timing on total duration of their use for post burn hypertrophic scarring**
- 7. Referral adequacy from different hospitals and departments to Plastic surgery department at Birmingham children Hospital.**
- 8. Hypospadias audit at George Eliot Hospital**
- 9. Audit of breast reconstruction at City General hospital Stoke-on-Trent**
- 10. Post-Mastectomy Breast Reconstruction- Changing Trends in a single surgeon's series (Presented at the Meeting of Chapter of West Midlands breast Surgeons- Keele University Staffordshire)**
- 11. Participation in the National Audit by CHI on the outcome of surgery for Breast Cancer and Reconstruction.**
- 12. Audit of correction of inverted nipples with a single simple technique in a single surgeon's series.**
- 13. Re-Excision Post wide local excision for localised early breast cancer.**
- 14. Outcome of check rein and volar plate release for PIPJ contracture**
- 15. Incidence of incisional biopsie in Melanoma patients**
- 16. Participation in national audit for post mastectomy breast reconstruction**

SECTION V

MY SPECIAL INTERESTS – (Breast Surgery, Hand Surgery, Facial Palsy and Ear reconstruction)

BREAST SURGERY

I have done **onco-plastic breast fellow** with a unique advantage to work with General and Plastic surgeons side by side as a part of a multidisciplinary set-up. It particularly helped me tremendously in the management of various breast pathologies.

As a consultant I have done all forms of reconstruction including **Expander-Implant based reconstruction, Standard, Extended and Muscle sparing Latissimus borsi with implants, Muscle sparing ipsilateral and contralateral Pedicled Trams, Free DIEP flaps and Autologus fat transfer.**

I have presented various personal refinements and innovative techniques both in breast and hand surgery including

1- Simplified vertical scar Reduction Mammoplasties

Presented my personal series in BAPRAS 2005 and modifications published in PRS

2- Muscle Sparing LATissimus Dorsi with implant for total Breast reconstruction after mastectomy

I was the first surgeon to present my personal series and this novel technique in Summer BAPRAS 2008. It has been published in PRS Sep.2010 with very high commendation from reviewers.

3- Modified C-V Flap for nipple reconstruction

Modification to maintain better projection of reconstructed nipple. It has also been published in PRS

HAND SURGERY

This is an exciting field providing challenges of different types of treatments in trauma and elective conditions like Dupuytren,s disease, Rheumatoid hand surgery and tendon transfers.

Here again I presented my personal series of

1- Outcome of Check Rein and Volar plate release for PIPJ contractures

2- Innovative way of second stage refonstruction of FDP using Fascia Lata strip in Palmaris and Plantaris deficient patients. It has been submitte for publication

FACIAL REANIMATION

Management of facial palsy patients is challenging and demanding. It requires extensive understanding and analysis of the problems with lifelong commitment for ongoing adjustments. I enjoy the full spectrum of surgical options for this group of patients specially taking care of eye problems and oral sphincter and both static and dynamic procedures for facial reanimation.

EAR RECONSTRUCTION

I use autologus rib cartilage for ear reconstruction and have experience in reconstruction of partial defects post human bite injuries in Liverpool

SECTION VI

MANAGEMENT EXPERIENCE

a- ORGANISATION

Organisation of the firm is of paramount importance in the current day practice to make sure that resources are used in most efficient way to deliver best possible care to maximum no. of patients with out compromising the standard of medical care. This difficult task takes into account of **available resources** (Budget , Manpower , Equipment , Beds and Time) and **desirable outcome** (Patient care , Junior staff training and Possible Expansion to meet growing demands).This delicate balance is achieved while observing the principle of **Evidence Based Medicine**.

I am **Program director for Plastic Surgery** at Mersey Deanery and am responsible for their teaching and training for which I have introduced several interesting ways including regular training workshops with simulation models with the help of very dedicated and atheistic senior prosthetist and consultant colleagues. I have organised various courses and **convenor for introduction of Plastic surgery to FY1-ST2 level**. **I have worked for recognition for maximum training capacity of our unit and successfully got approval from 15 to 18.**

I am also **educational supervisor** ST3 onwards senior trainees. In addition I am also **supervisor for Diploma of hand surgery** and participte in the **training of Oncoplastic Breast fellowship trainees and Orthopaedic hand fellow attached to our firm.**

I have done **MSc in Health information Sciences (Awarded Jan 2002)**

This involved writing up of three projects, each 5000 words and one dissertation of 10000 words. My topic of Dissertation was

“Implementing Telemedicine at Birmingham Children hospital – A strategic view”.

I was awarded MSc with distinction.

This has helped me in understanding the structural and functional organisation of NHS along with its current issues.

b- LEADERSHIP

A leader should have a clear vision with qualities of good communication, team play and interpersonal relationship. He should be able to lead by example and innovative and be able to inspire.

I was fortunate to lead a medical team for relief after a massive earthquake in Abbottabad Pakistan 2005 which was very satisfying experience. As a consultant and teacher you leader all the time to steer the future doctors.

SECTION VII

GENERAL INFORMATION

- **West Midlands Region is pioneer** in introducing the **current modular and structured training programme** for specialist registrars in Plastic Surgery. Salient features of this training system include extensive theoretical knowledge assessment on one-to-one basis for the core knowledge of different aspects of Plastic and Reconstructive surgery. This is then documented on the modular trainee assessment form only after successful completion of these modules. There are also regular audit and research activities. Rotation is also designed to be comprehensive to include broad based training with an element of flexibility to allow for development of special interest. There is also excellent in-house and regional teaching system with participation of specialist registrars on compulsory basis. I was fortunate to be trained out of this rigorous and didactic programme which enabled me to pass my final FRCS Plastic surgery examination in first attempt.
- **National Oncoplastic Breast fellowship** is a wonderful experience especially because it involves two different disciplines, Plastic surgery and General surgery. This involves management of oncological as well as reconstructive aspects of breast surgery hence good opportunity for developing team work in multi-disciplinary environment, patient counselling and communication skills to deal sensitively difficult but important issues like discussing prognosis and treatment options and to develop management abilities by working with different consultants simultaneously. This cross speciality experience also provided me a unique opportunity to develop different techniques like onco-plastic procedures for breast reshaping after wide local excision.
- **Consultant Whiston Hospital:**
I am actively engaged in wide variety of activities including Clinical, Management and Academic. I am trainer for Oncoplastic Breast fellow, Hand fellow, Assigned appraiser for fellow colleagues and consultants, Clinical lead for facial palsy and ear reconstruction and offer hand surgery and breast surgery. I am heavily involved in teaching and training and deanery affairs to smooth line the training. I am on the national selection panel for ST3 selection and examiner for Medical students.
- **Aesthetic fellow Wellington Hospital:**
Experience as aesthetic fellow allows appreciation of norms of beauty in diverse groups of patients of different ages and races. It need great insight into analytical ability along with communication abilities to offer various options in otherwise fairly fit and healthy patients with very high expectations. It also provides an opportunity to master some of the techniques equally applicable for reconstructive purposes such as endoscopic browlift for facial nerve palsy.

SECTION VII

- **MEMBERSHIP OF LEARNED SOCIETIES**

Royal College of Surgeons of Edinburgh

Royal College of Physicians and Surgeons of Glasgow.

British Association of Plastic Reconstructive and Aesthetic Surgery(BAPRAS)

BAAPS (British Association of Aesthetic Plastic Surgeons)

BSSH (British Society for surgery for Hand)

MDU

- **SERVICE DEVELOPMENT**

Regional lead for Facial reanimation

Ear reconstruction

Breast reconstruction

Hand surgery

Teaching and Training

Introduction of various proformas for OPD consultation

- **LEISURE ACTIVITIES**

Cricket

Squash

Travelling

Physical fitness

Voluntary work.

SECTION VIII

Referees

- 1- Mr. Ken Graham Esq. FRCS, FRCSPlast.
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Merseyside
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- 2- Mr. Paul McArthur Esq. FRCS, FRCSPlast.
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